Epilepsy Management Documents

PLEASE NOTE:
The PENNSW website has been upgraded and has a new website address: http://www.pennsw.org.au. Please update your bookmarks to ensure you visit the upgraded site.

COMPREHENSIVE MANAGEMENT PACKS

- **First Seizure Pack**
  This pack should be given to *every child who presents with a first afebrile seizure*. It contains a checklist of what to cover in first seizure presentations before a child is discharged home, safety information, seizure first aid, an event record for families to document any additional seizures, and a PENNSW flyer.

- **Epilepsy Management Pack**
  This pack should be given to *every child with a new diagnosis of epilepsy*. It contains a checklist of what to cover in newly diagnosed epilepsy, safety information, a First Aid Seizure Management Plan (to be completed by the Doctor for childcare, preschool, school, or respite centres), an Emergency Seizure Medication Order (to be completed by the Doctor for children who require emergency seizure medication such as Midazolam), contact details for CPR courses (especially for families of children who require emergency seizure medications), an event diary for families to keep track of seizures, and a PENNSW flyer.

ACUTE MANAGEMENT OF SEIZURES


CASE MANAGEMENT OF CHILDREN WITH EPILEPSY

- **Epilepsy Medical Record**
- **Event Diary**
- **Event Record**
- **Drug Treatment Plan**
- **PENNSW Information Handout**

EMERGENCY SEIZURE MANAGEMENT DOCUMENTS

- **First Aid Seizure Management Plan**
Emergency Seizure Medication Order
First Aid Seizure Poster
Buccal Midazolam Administration (from RCH.org.au)
Buccal Midazolam Administration (from Epilepsy Action)
Recommendation of CPR courses in NSW.

Article on Midazolam for Status Epilepticus (R. Smith & J. Brown, Australian Prescriber, 2017:40(1);23-25.)

The Children's Hospital at Westmead has also developed a free online program (CPR Training for Parents) to teach the steps involved in Cardio-Pulmonary Resuscitation (CPR) for a baby (aged less than 12 months) or a child (aged over one year). The online resource can be accessed by clicking here:

Online CPR Training for Parents

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